



*Saint Joseph's*  
CATHOLIC SCHOOL

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# **PSHE Policy**

Version 2.0 September 2023

ST JOSEPH'S CATHOLIC SCHOOL  
CHURCH ROAD  
LAVERSTOCK  
SALISBURY  
SP1 1QY

## Success Criteria:

### Context/Aim:

This policy outlines our school's approach to Personal Social Health and Economic (PSHE) education across all year groups, complementing the RSE curriculum delivered in RE by subject specialists. PSHE covers other statutory aspects of Health Education not covered in RSE<sup>1</sup>. The role of a Catholic school is not only to ensure academic success but also to ensure that each learner leaves us with an understanding of what it is to be truly human, equipped to manage the challenges they may face in modern life. PSHE is now delivered by teachers in class groups, reflecting the growing importance of the PSHE curriculum in supporting our young people to develop the skills necessary to navigate the world in which they are growing up.

Within PSHE, each year group covers specific modules, designed to ensure age-appropriate coverage of Healthy Lifestyles; Living in Our Wider World (which includes Careers Education Information Advice and Guidance); and British Values.<sup>2</sup>

### Monitoring Procedures:

<b>By Whom:</b> Governors Pastoral and Ethos Committee	<b>When:</b> Annually	<b>How:</b> Reports to the Pastoral and Ethos Committee termly
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### Evaluation:

<b>By Whom:</b> Head teacher and the Pastoral & Ethos Governors Committee	<b>When:</b> Annually	<b>How:</b> SLT and the Pastoral and Ethos Committee to review Policy
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### Revision History:

<u>Version</u>	<u>Approved and Ratified</u>	<u>Review Date</u>	<u>Additional Notes</u>
CEIAG and PSHE policy	October 2019	July 2021	The joint CEIAG/PSHE policy has been rewritten into two separate policies

<sup>1</sup> RSE within RE covers all statutory aspects as required by the DfE guidance published September 2021, but does not cover statutory health aspects such as dental hygiene or the benefits of healthy sleep habits, both of which will be delivered in PSHE.

<sup>2</sup> See Appendix 1: Whole School PSHE sessions 2023-24

## Vision Statement:

St Joseph's is a co-educational, 11-16 Catholic voluntary-aided school in the diocese of Clifton and the county of Wiltshire. Our aim is to provide a caring educational environment where each person is valued and is given the dignity due to a child of God.

At the heart of our school is the Christian vision of the human person. We want each member of our community to grow as an individual witness to the gospel values of love, truth, and justice. We want each pupil to be healthy in mind, body, and spirit.

Each member of our community should feel safe and secure in the learning environment. We aim to develop a sense of self-discipline and responsibility in our pupils. Everyone in our community should show respect for themselves, respect for others and respect for the environment.

We believe that each pupil should have the opportunity to enjoy and achieve to their full potential. We are committed to praising and celebrating achievement. We want our pupils to have high expectations of themselves to understand the value of service to others and our responsibility as stewards of the environment. Everyone has a contribution to make in helping to build the common good. We aim to equip our pupils with the ability to make good choices in their lives based on the positive relationships and values they have learned in St Joseph's.

We aim to help each of our pupils to develop morally and spiritually. We want them to achieve economic well-being while being mindful of the needs of others who are less fortunate.

We are committed to aspiring for excellence in all that we do for the sake of the Gospel.

Head teacher

## National Policies and guidance/courses referred to and incorporated into SJCS Policy:

<u>Document/Course Title:</u>	<u>Document/Course Date:</u>
Relationships Education, Relationships and Sex Education (RSE) and Health Education Statutory guidance for governing bodies, proprietors, head teachers, principals, senior leadership teams, teachers	Department for Education, September 2021
Keeping children safe in education 2022 Statutory guidance for schools and colleges	Department for Education, September 2022

## Other SJCS Policies that relate to this Policy:

Relationships and Sex Education Policy
Safeguarding and Child Protection Policy
Careers Education Information Advice and Guidance Policy
British Values Policy
Equality and Diversity Policy

## Roles and Responsibilities:

PSHE at St Joseph' forms an important part of the development of the whole child, and as such, all stakeholders take their responsibilities towards PSHE and high-quality delivery seriously. PSHE has always been valued by learners and staff at St Joseph's, and 2023-24 marks the further development of the subject in its own right. We will continue to involve external agencies as appropriate, particularly in the delivery of specialist knowledge such as apprenticeships, and ensure our young people gain the most from the opportunities offered to them.

## The school will ensure that:

- The PSHE curriculum will be delivered by teachers that are confident in their delivery of the subject matter or other trained professionals with a relevant skill set<sup>3</sup>
- The PSHE curriculum will be regularly reviewed so that all content remains relevant, topical, and well-resourced in order to ensure the best outcomes for learners
- PSHE will be taught as a fortnightly lesson scheduled into the curriculum. At KS4, classes within year groups will be taught simultaneously where possible, to aid delivery from outside agencies.
- A safe and supportive learning environment will be created for all learners through discussion of group ground rules
- The nature of PSHE means that sensitive and controversial issues may arise. Any issues arising will immediately be reported to the Designated Safeguarding Lead within school and will be dealt with in line with the relevant school policies and approaches
- We promote the needs and interests of all pupils, irrespective of gender, culture, ability or personal circumstance by promoting equality and inclusion in all lessons and discussions therein;
- Teaching will take into account the age, ability, readiness and cultural backgrounds of children so that all can fully access the benefits of PSHE education
- We continue to develop our curriculum by the provision of enrichment opportunities as appropriate
- CEIAG sessions within PSHE will either be delivered by the Lead Careers Professional, or appropriate training will have taken place for teachers to deliver the session
- Where external contributors are used, their contributions will be agreed beforehand and St Joseph's staff will remain with them to support and clarify
- Teaching and delivery of PSHE will be by teachers, supported by the PSHE lead and the Careers Lead Professional
- Development of resources and MTPs will continue to be the responsibility of the PSHE Lead with support from other members of staff and external agencies as appropriate
- Learning in PSHE, including CEIAG will continue to be evaluated through pupil voice and staff feedback
- The Assistant Head with responsibility for PSHE will continue to work with the Head of RE to ensure that all aspects of Relationships and Sex Education and Health Education are covered within both subjects, supplemented by pupils' learning in Science, Food Technology and PE
- Each year group will have the opportunity to develop their understanding of British Values within a suite of lessons in PSHE annually

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<sup>3</sup> For example, apprenticeship providers when discussing apprenticeships in CEIAG modules, bank workers when delivering aspects of finance

## Pupils are expected to:

- Ensure that the group's agreed ground rules are followed and respected in each session
- Contribute positively to PSHE lessons and ensure that their learning is shown in their PSHE exercise book.
- Use their learning in PSHE to contribute to the life of the school and the wider community.
- Respond honestly in evaluations so that modules can be adapted where necessary

## What we ask from parents and carers:

- Topics that are discussed in PSHE lessons are open for discussion at home also
- Any clarification necessary is requested so that a member of staff can advise
- Any communications from the school with regard to any aspect of PSHE (particularly CEAIG) are read and acted upon

St Joseph's values PSHE and the learning that prepares pupils for life in the modern world: we constantly seek to improve our offering. We are committed to maintaining pupil, parent/carer and staff voice so that the very best aspects of PSHE, including statutory Health education, can be taught for the benefit of pupils.

# Appendix 1: Whole School PSHE Sessions – 2023/24

## Colour Coding:

Introduction to PSHE (Relationships)	Life Skills (Health and Wellbeing)	Healthy Lifestyles (Health and Wellbeing)	Careers Education Information Advice and Guidance (Living in Our Wider World)	Study Skills	British Values (Living in Our Wider World)	Salisbury Bid Education Challenge (Living in Our Wider World)
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## PSHE Sessions 2023/24:

Date (WB)	Year 7	Year 8	Year 9	Year 10	Year 11
<b>1<sup>st</sup> Half Term, from week 1 beginning:</b>					
6 <sup>th</sup> Sept	SJCS PSHE Introduction	Positive Mental Health 1: What are attitudes to mental health?	Options: What do I need to consider?	Gambling Awareness 1: Recap group ground rules and managing risk	First day back so no PSHE lesson (tutor time)
18 <sup>th</sup> Sept	What kind of students do we want at St Joseph's? Random Acts of Kindness	PMH2: What is emotional wellbeing and resilience?	British Values: Democracy revisited	GA2: How can we manage impulsive behaviour?	CEIAG Lesson 1 – Post-16 Options; what do I need to consider?
1 <sup>st</sup> Oct	RAOK/dilemmas	PMH3: What is digital resilience?	BV2 and 3 : How does democracy work in the UK?	GA3: How can we help people who have developed problems with gambling?	CEIAG 2: Which option is best for me?

16 <sup>th</sup> Oct	How does media influence us?	PHM4: Healthy coping strategies	BV2 and 3 : How does democracy work in the UK?	GA4: How can we challenge the gambling industry?	CEIAG 3: Labour Market Information and career pathways talk – DWP
<b>2<sup>nd</sup> Half Term</b>					
6 <sup>th</sup> Nov	Important people in my life	What is a Healthy Lifestyle? recap	BV3: What do MPs actually do?	Healthy Lifestyle: Positive Mental Health 1	CEIAG 4: Mock review and Intended Destinations (Round 1)
20 <sup>th</sup> Nov	Staying safe online	What are the blockers to a Healthy Lifestyle?	Finance Matters 1: Money Matters	Healthy Lifestyle: Positive Mental Health 2	Study Skills with Mr Rooney
4 <sup>th</sup> Dec	Healthy Start Recap: Lifestyle	Alcohol Awareness 1: Why do some choose to drink?	FM2: Budget Battles	Positive Mental Health 3	Study Skills with Mr Rooney
18 <sup>th</sup> December	Healthy Start 2: Healthy Eating	AA2: How many units?	Finance Matters 3	Health and Wellbeing audit	Academic/CEIAG review of Year 11 so far
<b>3<sup>rd</sup> Half Term</b>					
15 <sup>th</sup> Jan	Healthy Start 3: Healthy Sleep	AA3: What are the physical and social effects of drinking?	Education Challenge 1 (Chamber of Commerce/Salisbury Bid Competition)	CEIAG 1: Skills and Qualities	Mocks – revision – silent/group study
29 <sup>th</sup> Jan	Healthy Start 4: Healthy Sleep Strategies	AA4: Alcohol and the Law	Education Challenge 2	CEIAG 2: Work Experience introduction	RSE delivered by Year 11 RE teachers 1
<b>4<sup>th</sup> Half Term</b>					
19 <sup>th</sup> Feb	CEIAG: What is CEIAG?	AA5: The effects of drinking too much	Education Challenge 3	CEIAG 2: The World of Work Programme	RSE delivered by Year 11 RE teachers 2

4 <sup>th</sup> March	CEIAG 2: My skills and qualities/Introduction to Careerpivot	Healthy Lifestyle 1: Who smokes?	Education Challenge complete and hand in	CEIAG 3: Mock Interview Prep / Career Pilot	RSE delivered by Year 11 RE teachers 3
18 <sup>th</sup> March	CEIAG 2: My skills and qualities/Introduction to Careerpivot	Healthy Lifestyle 2: What is the cost of smoking?	Healthy Lifestyles: facts about vapes	CEIAG 4: Top tips for an Interview	RSE delivered by Year 11 RE teachers 4
<b>5<sup>th</sup> Half Term</b>					
15 <sup>th</sup> April	CEIAG 3: Bob's Jobs, A-Z of jobs	Healthy and unhealthy friendships	Healthy Lifestyles legal and illegal drugs	Learning Matters: Retrieval Practice	Learning Matters: Study Skills Session
29 <sup>th</sup> April	Introduction to British Values	British Values: The Rule of Law 1	Basic First Aid	Learning Matters 2: ROC stars top tips	Learning Matters: Study Skills Session
13 <sup>th</sup> May	How to revise 1: active revision	BV, Rule of Law: The Criminal Justice System	Learning Matters: Retrieval Practice	British Values recap and reintroduction	CEIAG destinations /clarification session
<b>6<sup>th</sup> Half Term</b>					
3 <sup>rd</sup> June	Do, review: active revision 2.	Positive attitudes: Learning skills	Learning Matters: What is active revision and how do we do it?	British Values: Tolerance 2	Revision/exams
17 <sup>th</sup> June	British Values: Democracy	CEIAG 1: Careers Exploration and Options Log	Positive Mental Health	WEX final prep/ post-16 Options intro	Revision/exams
1 <sup>st</sup> July	British Values: tolerance	CEIAG 2: The Buzz Test	Positive Mental Health	Y10 Work Experience Week TBC	No longer in school
15 <sup>th</sup> July	Year 7 PSHE audit	CEIAG 3: What do I already know about GCSEs?	Year 9 PSHE audit	Year 10 PSHE/WEX Audit	No longer in school