

Colour Coding:

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| Introduction to PSHE (Relationships) | Life Skills (Health and Wellbeing) | Healthy Lifestyles (Health and Wellbeing) | Careers Education Information Advice and Guidance (Living in Our Wider World) | Study Skills | British Values (Living in Our Wider World) | Salisbury Bid Education Challenge (Living in Our Wider World) |
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PSHE Sessions 2021/22:

| Date (WB) | Year 7 | Year 8 | Year 9 | Year 10 | Year 11 |
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| 1st Half Term | | | | | |
| 13 th Sept | SJCS PSHE Introduction | Positive Mental Health 1: What are attitudes to mental health? | CEIAG 1: What is CEIAG? A reminder | Gambling Awareness 1: Recap group ground rules and managing risk | CEIAG: Andover College Information Session |
| 27 th Sept | Random Acts of Kindness | PMH2: What is emotional wellbeing and resilience? | CEIAG 2: My skills and qualities | GA2: How can we manage impulsive behaviour? | CEIAG 2: Salisbury 6th Form Information Session Y11 |
| 11 th Oct | RAOK/dilemmas | PMH3: What is digital resilience? | CEIAG 3: Options / Intro to Career Pilot / Visit by DSTL Police – location/year groups TBC | GA3: How can we help people who have developed problems with gambling? | CEIAG 3: Sparsholt College Information session Y11 |

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| 20 th Oct TD Day – No PSHE | | | | | |
| 2nd Half Term | | | | | |
| 1 st Nov | How does media influence us? | PHM4: Healthy coping strategies | CEIAG 3: Options/Intro to Career Pilot | GA4: How can we challenge the gambling industry? | CEIAG 4: College application workshop |
| 17 th Nov | Important people in my life | Healthy Lifestyle recap/blockers | 9F/9M Motiv 8; 9T/9V Healthy Lifestyle | Healthy Lifestyle: Positive Mental Health 1 | Study Skills 1: Retrieval practice again |
| 1 st Dec | Staying safe online | Alcohol Awareness 1: Why do some choose to drink? | 9T/9V Motiv 8; 9F/9M Healthy Lifestyle | Healthy Lifestyle: Positive Mental Health 2 | SS2: ROC stars top tips! |
| 13 th Dec | Healthy Start 1: Lifestyle | AA2: How many units? | Our Healthy Lifestyle? | 10F, 10M Motiv8; 10T/10V Positive Mental Health 3 | SS3: Revision / metacognition strategies |
| 3rd Half Term | | | | | |
| 10 th Jan | Healthy Start 2: Healthy Eating | AA3: What are the physical and social effects of drinking? | Education Challenge 1 (Chamber of Commerce/Salisbury Bid Competition) | 10T, 10V Motiv8; 10F/10M: Positive Mental Health 3 | British Values – recap democracy |
| 24 th Jan | Healthy Start 3: Healthy Sleep | AA4: Alcohol and the Law | Education Challenge 2 | CEIAG 1: Skills and Qualities | British Values – recap tolerance |
| 7 th Feb | Healthy Start 4: Healthy Sleep Strategies | AA5: The effects of drinking too much | Education Challenge complete and hand in | CEIAG 2: The World of Work Programme | Healthy Lifestyle: substance education 1 |
| 4th Half Term | | | | | |
| 28 th Feb | CEIAG: What is CEIAG? | Healthy Lifestyle 1: Who smokes? | Finance Matters 1: Money Matters | CEIAG 3: Mock Interview Prep / Career Pilot | Healthy Lifestyle: substance education 2 |

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| 14 th March | CEIAG 2: My skills and qualities | Healthy Lifestyle 2: The true cost of smoking | FM2: Budget Battles | CEIAG 3: Mock Interview Prep/ Career Pilot | Healthy Lifestyle 3: resilience and relaxation |
| 28 th March | Smart audit | Healthy Lifestyle audit | FM3: Bank Statements | CEIAG 4: Top tips for an Interview | Healthy Lifestyle 4: resilience and relaxation |
| 5th Half Term | | | | | |
| 25 th April | Positive attitudes: communication (George's story) | British Values: The Rule of Law 1 | FM4: Credit cards and loans | Learning Matters: Retrieval Practice | Revision |
| 9 th May | Positive attitudes: Who do I think I am? | BV, Rule of Law: The Criminal Justice System | FM5: Mortgages? / Finance Quiz | Learning Matters 2: Metacognition, cognate this! | Revision |
| 23 rd May | Positive attitudes: Learning skills | BV, Rule of Law: The Criminal Justice System | British Values: Democracy revisited | Learning Matters 3: revision workshop | Revision |
| 6th Half Term | | | | | |
| 13 th June | Introduction to British Values | CEIAG 1: What is CEIAG? | BV2: How does democracy work in the UK? | Learning Matters 4: ROC stars top tips | Revision/celebrate |
| 27 th June | British Values: Democracy | CEIAG 2: My skills and qualities | BV3: Our election! | Y10 Work Experience Week TBC | No longer in school |
| 11 th July | British Values: Tolerance | Year 8 PSHE Audit | Year 9 PSHE Audit | Year 10 PSHE/WEX Audit | No longer in school |