



Saint Joseph's
CATHOLIC SCHOOL

PSHE Policy

Version 1.0 September 2022

ST JOSEPH'S CATHOLIC SCHOOL
CHURCH ROAD
LAVERSTOCK
SALISBURY
SP1 1QY

Success Criteria:

Context/Aim:

This policy outlines our school's approach to Personal Social Health and Economic (PSHE) education across all year groups, complementing the RSE curriculum delivered in RE by subject specialists. PSHE covers other statutory aspects of Health Education not covered in RSE¹. The role of a Catholic school is not only to ensure academic success but also ensure that each learner leaves us with an understanding of what it is to be truly human, equipped to manage the challenges they may face in modern life: PSHE at St Joseph's seeks to support the development of all our learners to achieve this. PSHE is delivered by tutors most commonly in their form room, as successive evaluations have shown this is how the pupils feel they learn best.

Within PSHE, each year group covers specific modules, designed to ensure age –appropriate coverage of Healthy Lifestyles; Living in Our Wider World (which includes Careers Education Information Advice and Guidance); and British Values.²

Monitoring Procedures:

By Whom:

Governors Pastoral and Ethos Committee

When:

Annually

How:

Reports to the Pastoral and Ethos Committee termly

Evaluation:

By Whom:

Head teacher and the Pastoral & Ethos Governors Committee

When:

Annually

How:

SLT and the Pastoral and Ethos Committee to review Policy

Revision History:

<u>Version</u>	<u>Approved and Ratified</u>	<u>Review Date</u>	<u>Additional Notes</u>
CEIAG and PSHE policy	October 2019	July 2021	The joint CEIAG/PSHE policy has been rewritten into two separate policies

¹ RSE within RE covers all statutory aspects as required by the DfE guidance published September 2021, but does not cover statutory health aspects such as dental hygiene or the benefits of healthy sleep habits, both of which will be delivered in PSHE.

² See Appendix 1: Whole School PSHE sessions 2022-23

Vision Statement:

St Joseph's is a co-educational, 11-16 Catholic voluntary-aided school in the diocese of Clifton and the county of Wiltshire. Our aim is to provide a caring educational environment where each person is valued and is given the dignity due to a child of God.

At the heart of our school is the Christian vision of the human person. We want each member of our community to grow as an individual witness to the gospel values of love, truth, and justice. We want each pupil to be healthy in mind, body, and spirit.

Each member of our community should feel safe and secure in the learning environment. We aim to develop a sense of self-discipline and responsibility in our pupils. Everyone in our community should show respect for themselves, respect for others and respect for the environment.

We believe that each pupil should have the opportunity to enjoy and achieve to their full potential. We are committed to praising and celebrating achievement. We want our pupils to have high expectations of themselves to understand the value of service to others and our responsibility as stewards of the environment. Everyone has a contribution to make in helping to build the common good. We aim to equip our pupils with the ability to make good choices in their lives based on the positive relationships and values they have learned in St Joseph's.

We aim to help each of our pupils to develop morally and spiritually. We want them to achieve economic well-being while being mindful of the needs of others who are less fortunate.

We are committed to aspiring for excellence in all that we do for the sake of the Gospel.

Head teacher

National Policies and guidance/courses referred to and incorporated into SJCS Policy:

Document/Course Title:	Document/Course Date:
Relationships Education, Relationships and Sex Education (RSE) and Health Education Statutory guidance for governing bodies, proprietors, head teachers, principals, senior leadership teams, teachers	Department for Education, September 2021
Keeping children safe in education 2022 Statutory guidance for schools and colleges	Department for Education, September 2022

Other SJCS Policies that relate to this Policy:

Relationships and Sex Education Policy
Safeguarding and Child Protection Policy
Careers Education Information Advice and Guidance Policy
British Values Policy
Equality and Diversity Policy

Roles and Responsibilities:

PSHE at St Joseph's forms an important part of the development of the whole child, and as such, all stakeholders take their responsibilities towards PSHE and high-quality delivery seriously. PSHE works at St Joseph's not only because of the tireless commitment of staff, but also because pupils value the support of their tutor, input from their peers and contributions from external contributors.

The school will ensure that:

- The PSHE curriculum will be delivered by tutors that are confident in their delivery of the subject matter or other trained professionals with a relevant skill set³.
- The PSHE curriculum will be regularly reviewed so that all content remains relevant, topical, and well-resourced in order to ensure the best outcomes for learners
- PSHE will remain a fortnightly session delivered on a rolling timetable
- A safe and supportive learning environment will be created for all learners through discussion of group ground rules
- The nature of PSHE means that sensitive and controversial issues may arise. Any issues arising will immediately be reported to the Designated Safeguarding Lead within school and will be dealt with in line with the relevant school policies and approaches
- We promote the needs and interests of all pupils, irrespective of gender, culture, ability or personal circumstance by promoting equality and inclusion in all lessons and discussions therein;
- Teaching will take into account the age, ability, readiness and cultural backgrounds of children so that all can fully access the benefits of PSHE education
- We continue to develop our curriculum by the provision of enrichment opportunities such as Skills Day or Healthy Start Day
- CEIAG sessions within PSHE will either be delivered by a member of the Careers Team, or appropriate training will have taken place for tutors to deliver the session
- Where external contributors are used, their contributions will be agreed beforehand and St Joseph's staff will remain with them to support and clarify
- Teaching and delivery of PSHE will remain part of the tutor's role, supported by Directors of Learning, the Assistant Head with responsibility for PSHE and the Careers Team
- Learning in PSHE, including CEIAG will continue to be evaluated through pupil voice
- The Assistant Head with responsibility for PSHE will continue to work with the Head of RE to ensure that all aspects of Relationships and Sex Education and Health Education are covered within both subjects, supplemented by pupils' learning in Science, Food Technology and PE
- Each year group will have the opportunity to develop their understanding of British Values within a suite of lessons in PSHE annually

³ For example, apprenticeship providers when discussing apprenticeships in CEIAG modules, bank workers when delivering aspects of finance

Pupils are expected to:

- Ensure that the group's agreed ground rules are followed and respected in each session
- Contribute positively to PSHE lessons and ensure that their learning is shown in their PSHE exercise book.
- Use their learning in PSHE to contribute to the life of the school and the wider community.
- Respond honestly in evaluations so that modules can be adapted where necessary

What we ask from parents and carers:

- Topics that are discussed in PSHE lessons are open for discussion at home also
- Any clarification necessary is requested so that a member of staff can advise
- Any communications from the school with regard to any aspect of PSHE (particularly CEAIG) are read and acted upon

St Joseph's values PSHE and the learning that prepares pupils for life in the modern world: we constantly seek to improve our offering. We are committed to maintaining pupil, parent/carer and staff voice so that the very best aspects of PSHE, including statutory Health education, can be taught for the benefit of pupils.

Appendix 1: Whole School PSHE sessions 2022–23

Colour Coding:

Introduction to PSHE (Relationships)	Life Skills (Health and Wellbeing)	Healthy Lifestyles (Health and Wellbeing)	Careers Education Information Advice and Guidance (Living in Our Wider World)	Study Skills	British Values (Living in Our Wider World)	Salisbury Bid Education Challenge (Living in Our Wider World)
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PSHE Sessions 2022/23:

Date (WB)	Year 7	Year 8	Year 9	Year 10	Year 11
1st Half Term					
12 th Sept	SJCS PSHE Introduction	Positive Mental Health 1: What are attitudes to mental health?	CEIAG 1: What is CEIAG? A reminder, and options info	Gambling Awareness 1: Recap group ground rules and managing risk	CEIAG: College Information Session
26 th Sept	Random Acts of Kindness	PMH2: What is emotional wellbeing and resilience?	CEAIG 2:	GA2: How can we manage impulsive behaviour?	CEIAG 2: 6th Form Information Session Y11
10 th Oct	RAOK/dilemmas	PMH3: What is digital resilience?	CEAIG 2:	GA3: How can we help people who have developed problems with gambling?	CEIAG 3: College Information session Y11
2nd Half Term					
31st Oct	How does media influence us?	PHM4: Healthy coping strategies	Finance Matters 1: Money Matters	GA4: How can we challenge the gambling industry?	CEIAG 4: College application workshop
14 th Nov	Important people in my life	What is a Healthy Lifestyle recap?	FM2: Budget Battles	Healthy Lifestyle: Positive Mental Health 1	CEIAG 5: college/Sixth Form information session
28th Nov	Staying safe online	What are the blockers to a Healthy Lifestyle?	Finance Matters 3 /Healthy Lifestyle, Drugs Awareness	Healthy Lifestyle: Positive Mental Health 2	Study Skills1: ROC stars top tips!

			9F/9M Motiv 8 session;		
12 th Dec	Healthy Start Recap: Lifestyle	Alcohol Awareness 1: Why do some choose to drink?	Finance Matters 3 /Healthy Lifestyle, Drugs Awareness 9T/9V Motiv 8 session;	Positive Mental Health 3	SS2: Revision / metacognition strategies
3rd Half Term					
9 th Jan	Healthy Start 2: Healthy Eating	AA2: How many units?	Education Challenge 1 (Chamber of Commerce/Salisbury Bid Competition)	CEIAG 1: Skills and Qualities	British Values – recap democracy
23 rd Jan	Healthy Start 3: Healthy Sleep	AA3: What are the physical and social effects of drinking?	Education Challenge 2	CEIAG 2: Work Experience introduction	British Values – recap tolerance
6 th Feb	Healthy Start 4: Healthy Sleep Strategies	AA4: Alcohol and the Law	Education Challenge 3	CEIAG 2: The World of Work Programme	NSC Skills Booster Sessions i: Health and Wellbeing
4th Half Term					
27 th Feb	CEIAG: What is CEIAG?	AA5: The effects of drinking too much	Education Challenge complete and hand in	CEIAG 3: Mock Interview Prep / Career Pilot	NSC Skills Booster Sessions ii: Health and Wellbeing
13 th March	CEIAG 2: My skills and qualities/Introduction to Careerpilot	Healthy Lifestyle 1: Who smokes?	British Values: Democracy revisited	CEIAG 4: Top tips for an Interview	NSC Skills Booster Sessions iii: Health and Wellbeing
27 th March	CEIAG 2: My skills and qualities/Introduction to Careerpilot	Healthy Lifestyle 2: What is the cost of smoking?	BV2: How does democracy work in the UK?	Learning Matters: Retrieval Practice	NSC Skills Booster Sessions iv: Health and Wellbeing
5th Half Term					
24 th April	CEIAG 3: Bob's Jobs, A–Z of jobs	British Values: The Rule of Law 1	BV3: What do MPs actually do?	Learning Matters 2: ROC stars top tips	NCS skills booster sessions
8 th May	Defibrillator challenge!	Defibrillator challenge!	Defibrillator challenge!	Defibrillator challenge!	Defibrillator challenge!

22nd May	Positive attitudes: Learning skills	BV, Rule of Law: The Criminal Justice System	BV4: Our election!	British Values recap: Tolerance	NCS skills booster sessions
6th Half Term					
14 th June	Introduction to British Values	CEIAG 1: Careers Exploration and Options Log	Learning Matters: Retrieval Practice	British Values: Tolerance 2	NCS skills booster sessions
26 th June	British Values: Democracy	CEIAG 2: The Buzz Test	Learning Matters: ROCStars revision workshop	Y10 Work Experience Week TBC	No longer in school
10 th July	British Values: Tolerance	CEIAG 3: What do I already know about GCSEs?	Year 9 PSHE audit	Year 10 PSHE/WEX Audit	No longer in school