

Dear parent/carer,

It always amazes me how quickly time passes during the term - we only have two and a half weeks of school until the October half term break!

This week we held our first in person Open Evening and Open Morning since 2019! It was lovely to invite families in and for pupils to be able to be the ambassadors of the school once more delivering speeches, being tour guides and also department helpers on the evening. The comments we received from the prospective parents were all very positive and they were full of praise for the pupil helpers! It really was excellent to see the children rise to the occasion and to have the opportunity to take pride in our school.

As a school we've also competed in three sporting events this week: a cross-country tournament on Tuesday, a Year 7 netball tournament on Thursday at South Wilts Grammar School, and a Year 11 rugby tournament today at Bishops Wordsworth School. Again, it is so good to get back to normal after the last two years of restrictions; it's great for the pupils to take advantage of these opportunities and brilliant to see their enjoyment and sense of pride at being able to represent the school!

Next week sees the re-introduction of two of our traditional events:

- Healthy Start workshops for Year 7 on Tuesday 4th October
- International Day for the whole school on Friday 7th October

#### **Healthy Start Workshops**

As part of our commitment to ensuring our students are educated to be as healthy as possible Year 7 students will be off timetable periods 1-4 on Tuesday, and taking part in a series of workshops designed to promote various aspects of health, including positive mental health, how to save a life, restart a heart and also dental hygiene. This is in addition to the work all year groups complete in PSHE with regard to health.

The day will start with an Assembly for Year 7 led by a member of the school nursing team, and then students will take part in the workshops in tutor groups.

Our canteen is also dedicated to ensuring a healthy and balanced offering is available for our pupils with a menu that changes daily. Recently they have been promoting a meal deal offer which includes a sandwich/pasta pot, piece of fruit and a drink for the bargain price of £2.30. There is always a healthy main meal option on offer too and this week these have included mushroom pasta, vegetable curry and cottage pie.



#### **International Day**

For the first time since 2019 we'll be hosting our International Day and celebrating the wide diversity of our school community. The events that are happening are:

House competition: Macarena - Points will be awarded to liveliest/most unique performances!

**Non School uniform day:** Come in colours or outfits representing your heritage (or House colours if you can't find anything related to your heritage!). £1 donations will go to CAFOD and the link donate will be up on school gateway for Monday. CAFOD support overseas charities and we will be requesting that this money goes to their Ukraine fundraising initiatives.

**Form Activities:** There will be an escape room style quiz on languages happening throughout form rooms next week!

**International Food in Canteen**: Our fabulous canteen staff will be cooking up many international dishes on the day.

**French Market Break Time:** Croissants, crepes, pain au chocolate on sale in the reception on Friday break. Orders must be taken in French only. Again, all proceeds to CAFOD.

#### Art, Music and DT Paris Trip - October 2023

A trip to Paris for our current Year 10 GCSE Art, Music and Product Design places is being organised for October 2023 – a separate communication has been sent!

#### **Foodbank Donations**

A reminder, if you can, to donate for our collections for Salisbury Foodbank - the hamper is filling up nicely in the canteen!

#### Also coming up this half term (dates to be announced shortly)

- Year 7 Form Tutor Evening
- Year 7 House Parties
- Aiming for Excellence Information Evenings for all Year groups

#### Salisbury Extra Curricular Opportunities

**PQA Salisbury** are inviting NEW students aged 4 –18 to join us for a FREE taster session this term from 9:45am-1pm at Sarum Academy, Salisbury. The Pauline Quirke Academy of Performing Arts offers outstanding Performing Arts tuition in Musical Theatre, Comedy and Drama, and Film and TV. Students will get to experience all of these modules each week!



Contact Kayleigh on 07751675048 or kayleigh-paige.rees@pqacademy.com to book your place onto one of our free taster sessions!

**Salisbury City Council** have just released their 2022 version of the **Salisbury Sports Club Brochure.** This brochure showcases the sporting opportunities that are available around Salisbury to try and make it easier for everyone to get involved in sport, and includes options for everyone including football, tennis, martial arts, golf, American football and much more. Please find the Sports Brochure attached.

#### **Achievement Points Race**

1st Place: Margaret with 6,469 points
 2nd Place: Vincent with 6,097 points
 3rd Place: Teresa with 5,292 points
 4th Place: Francis with 5,082 points

Have a lovely weekend.

Mr Rooney





SALISBURY SPORT AND ACTIVITY FORUM

# Salisbury **Sports Club Brochure 2022**



www.facebook.com/SalisburySportsForum

#### **Brochure Overview**

The Salisbury Sports Club Brochure has been created to advertise the fantastic array of clubs currently available in the area. This is the 3rd edition, with the first being released back in 2019 before the Covid-19 pandemic, and the 2nd in mid 2021. It aims to provide information around each club, including their ethos (giving you an insight into the club), sections (adults, juniors or disability), genders for those sections and the contact information so that you can get involved. All the clubs mentioned within this brochure are looking for new participants to come and try out their sport, with the vast majority offering training sessions alongside friendly or inclusive matches and competitions, as well as accommodating everyone, from experienced players down to complete novices. If any of the sports and clubs mentioned within this brochure interest you, we strongly recommend getting in touch with them to find out more information and to get involved!

All the clubs advertised within this brochure are part of the Salisbury Sports and Activity Forum, a platform set up by the Community Activity Leaders at Salisbury City Council. The forum aims to provide clubs with the opportunity to work together to tackle the issues which they all face, as well as supporting each other into developing into the best club they can be. Local facilitators (such as Salisbury City Council, Wiltshire Council and Wiltshire and Swinton Sport) are also involved within the Forum, helping to support each club and tackle any issue that may arise, as well as providing funding opportunities and training courses where available.

This brochure has been created by the Community Activity Leaders at Salisbury City Council on behalf of the Salisbury Sports and Activity Forum. If you would like your club to be included in the next edition of the Salisbury Sports Brochure, or would like more information on the Salisbury Sports and Activity Forum, then please get in touch with Sean and Tom via the contact details below;

Email – bhc@salisburycitycouncil.gov.uk Telephone – 01722 417100

wiltshire and swindon sport

WOSD



# Clarendon Juniors FC\_

Clarendon Juniors FC is an England Football Accredited grassroots football club based in Winterslow, just outside of Salisbury. Recognised for the standards and quality of the coaching and inclusive environment, CJFC have won many accolades in recent years and were awarded Wiltshire FA Grass roots club of the year in 2021. The club offers playing opportunities for children from age 5 right up to our two adult mens teams. This includes the recent addition of a number of dedicated girls teams. The home of CJFC & CFC is the impressive Barry's Field, Winterslow with multiple pitches for all ages.



Free Trial Session



Mixed Gender



Caters for Disabilities



For more information, please contact martyn.clarendonjuniorsfc@gmail.com

# Salisbury Pan Dis FC

A specialised football team catering for disabled juniors (12-18) to provide them with the opportunity to take part in inclusive football sessions led by qualified coaches.

Salisbury Tigers also train alongside us, an adult team allowing continued participation in football in older years.

For more information, please contact; ssaunders@salisburycitycouncil.gov.uk





Free Trial Session



Mixed Gender



Disability Only

## Salisbury FC Youth



SALISBURY F

Salisbury FC youth is a not for profit volunteer run youth club which endeavour's to provide coaching for all children in a safe and positive environment. We run teams from U7-U18 and across all ability levels, plus we run a fun football session for 5 and 6 year olds.



Free Trial Session



Mixed Gender



Caters for Disabilities

For more information, please contact; salisburyfcyouth@gmail.com



## Salisbury Rovers FC

Salisbury Rovers FC is a youth football club, with a unique long-term model and player centred approach for those aged 5 - 18.

For more information, please contact; salisburyroversfc@outlook.com





Free Trial Session



Mixed Gender



Caters for Disabilities

### Victoria Park Tennis

We are a very friendly community tennis club based in the lovely Victoria Park in Salisbury. We run lots of various tennis activities for both adults and juniors for all standards. As a community club we welcome both members and non members. Players are welcome to book courts and tennis courses through our website www.victoriaparktennis.org.uk . Our qualified tennis coaching team also provide individual and group lessons to suit all abilities and standards. Our ethos is to provide tennis to the community whatever age and ability and for everyone to enjoy the game.



Free Trial Session



Mixed Gender



Caters for Disabilities



For more information, please contact vptennis@btconnect.com



## Riverside Tennis Club

Everyone is welcome at Riverside. We have eight courts, four are artificial grass and four tarmac; six are floodlit! We offer pay and play (bookable via our website at www.riverside-ltc.org) as well as a wide range of tennis activities for all ages and abilities including 8 mix-in sessions per week. Our excellent coaching team provides a large variety of group sessions for juniors and adults as well as fantastic holiday courses and individual lessons. We also have many junior and adult teams in local and county leagues as well as running many tournaments.



Free Trial Session



Mixed Gender



Caters for Disabilities



For more information, please contact riverside.ltc@gmail.com

### Aspire-Martial Arts

We are a family friendly inclusive club established since 1999 teaching ITF TaeKwon-Do, Kickboxing, Little Dragons and Dragon Hatchlings. We welcome students from all backgrounds, ages and abilities. Our head instructor is Mr Campbell Houston V Degree in Taekwon-Do and Kick boxing. We have a sister club in Poole too. All our instructors undertake regular training in safeguarding, first aid, Kickboxing and TaeKwon-Do. We recognise the importance of training safely and the benefits of keeping fit whilst having fun doing it.



Free Trial Session



Mixed Gender



Caters for Disabilities



For more information, please contact admin@aspire-martial-arts.co.uk

## Harnham Cricket Club

A small, committee run club offering children (school years 3-8), ladies and older players the opportunity to learn a new sport and make new friends. Older players train on a Tuesday afternoon, children and ladies train on a Thursday evening. Summer training takes place at Harnham Recreation Ground.

For more information, please contact; admin@harnhamcc.co.uk





Free Trial Session



Mixed Gender



Caters for Disabilities

# Salisbury Stingrays Swimming Club

Salisbury Stingrays Swimming Club is the main swimming club in South Wiltshire. Since 1889, we have been providing opportunities for people of all ages and abilities to achieve their goals in the sport of swimming.

Our dedicated team of teachers and coaches offer a range of swimming pathways; from weekly swimming lessons to county, regional, and national level squads. We also have a swimming squad for our senior 'masters'.

Our unique swim school system not only supports children in learning the vital life skills of swimming; it offers a fun and supportive environment to train the next generation of swimming teachers.



Free Trial Session



Mixed Gender



Caters for Disabilities



For more information, please contact info@salisburystingrays.co.uk

# Salisbury Fencing

Salisbury Fencing Club welcomes all fencers whether just beginning or established. We have beginners courses starting most terms with established fencers able to free fence on marked pistes in a friendly atmosphere.

For more information, please contact; salisburyfencingclub@outlook.com





Free Trial Session



Mixed Gender

#### Salisbury and South Wilts Golf Club

Enjoy quality time with friends and family at the welcoming and thriving Salisbury & South Wilts Golf Club. There is a range of Membership options to suit regular and occasional golfers. Visitors are greeted warmly and made to feel at home.

The testing Cathedral 18 hole layout has been in play since 1991 carefully combining holes from the Old course and new ones built in 1989, and the easier going Bibury 9 hole from an 1894 design by J H Taylor.

Please book your tee-time online at www.salisburygolf.co.uk



Mixed Gender



Caters for Disabilities



For more information, please contact mail@salisburygolf.co.uk

# Salisbury Badminton

The club has sessions for players of all ages from 6 upwards and caters for all levels from beginner to national level players and has a strong ethos on supporting all who want to play to enjoy and develop. There are specific junior coaching sessions 7-8pm Tuesdays and 6-8pm Thursdays and club sessions for adults and older juniors Tuesday 8-10pm and Thursday 8-10pm. The club has 4 teams in the local league and also plays in the County League.

For more information, please contact; wood\_dog78@hotmail.com





Free Trial Session



Mixed Gender



Caters for Disabilities

## Salisbury Tri Club

We are a community-focused triathlon club catering for all abilities, from complete beginners to seasoned pros, no experience is necessary! We provide a number of coached training sessions throughout the week run by our friendly British Triathlon qualified coaches. We have a great social scene and strong links with other Salisbury sports clubs.

Our club members regularly compete in events ranging from local triathlons, duathlons & aquathlons to World Age Group Championships, and from 'sprint' all the way up to 'Ironman' distance. Even if you don't want to race, multi-sport training is a great way to improve your fitness.





Free Trial Session



Mixed Gender

For more information, please contact salisburytriclub@gmail.com

# Spinnaker Sailing

Spinnaker is a members club offering sailing and related water sports from our lake in the New Forest. It is the local club for South Wilts We are an RYA training centre offering courses for our members. There is a full schedule of social sailing and racing. Dinghy racing takes place on Sundays and Wednesday evenings. Many members have their own boats, but club boats, canoes and paddleboards can be rented. We run youth training and there is an affiliated club for disabled sailors. We also have affiliated schools, colleges and youth groups.



Free Trial Session





Mixed Gender



Caters for Disabilities

For more information, please contact admin@spinnakerclub.co.uk

#### Five Rivers Indoor Bowls

We are an indoor bowls club in Tollgate Rd, Salisbury. We are a CASC (Community Amateur Sports Club) and are open year round. We welcome members from around the area and have accessible facilities for all. Equipment is available.

For more information, please contact; secretary@fiveriversibc.com





Free Trial Session



Mixed Gender



Caters for Disabilities







Free Trial Session



Mixed Gender



Caters for Disabilities

## Dødgeball

Supported by District Sports, Sarum Dodgeball Club is an initial 6 week programme being ran at Sarum Academy, with the option to turn into a full club if there is sufficient demand.

Dodgeball is a great activity for children to help improve agility, reactions and all-round fitness.

But most importantly, it is great fun, easy to learn and anyone can play!

For more information, please contact; tgailey@salisburycitycouncil.gov.uk

# Salisbury City Marauders American Football Team

Salisbury City Marauders is an American Football programme based at Barry's Fields, Winterslow near Salisbury. We cover the whole of South Wiltshire for American Football. We currently have a Youth Contact team playing in the National Leagues and a Flag American Football team in development stage.

Anyone who is interested in playing, coaching or even helping off field or sideline staff then please feel free to contact us as we are always looking to grown our on field and off field team.



Free Trial Session



Mixed Gender





For more information, please contact abeday001@salisburycitymarauders.com

# Salisbury Volleyball

A social and fun volleyball club, training every Thursday evening in Salisbury. We compete in a range of competitions including Wiltshire Volleyball League, whereby in 2019/20 we entered four teams. A great club for individuals who want to try a new sports, have played a little before, or an experience player who has moved to the area. With an emphasis on community, the club promotes social events. We also run have an annual Volleyball Tournament which has been running for over 10 years.



Free Trial Session



Mixed Gender





For more information, please contact salisburyvolleyball@yahoo.co.uk

## Sports-Roadshows

The Community Activity Leaders at Salisbury City Council would love to welcome you along to our Sports Roadshows.

During most school holidays, our Activity Leaders go on tour, bringing FREE sports activities to a location near you.

These Roadshows, lasting 3 hours and aimed at those aged 7-14, typically take place in locations such as Bemerton Heath, Churchill Gardens and Harnham Recreation.

The sports and activities are chosen by the participants at each session, meaning that no two Roadshows are the same. Example activities include dodgeball, football, basketball, tchoukball, cricket and much more!

If you'd like more information, please get in touch via the details listed below in the club start up section







# Club Start Up Support

Are you interested in starting up a new sports or activity club in the Salisbury area? Do you have 6 or 7 people already interested in helping you do this?

Following on from the successful creation of the Harnham Cricket Club, we are offering support, guidance, funding or coaching to new clubs looking to start up in the Salisbury area.

If you have an idea for a new club and are not sure what steps to take to get started, please get in touch with us! Our Community Activity Leaders will be happy to support you and help you move forward.

Please call us on 01722 417100 or email; bhc@salisburycitycouncil.gov.uk