

PARISH OF ST OSMUND

ST GREGORY + ST OSMUND

Part of the Clifton Diocese: Registered Charity 1170168 Company No 10462074

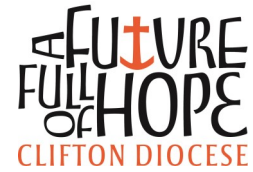
ORDINARY TIME WEEK 5(B)

From Father Anthony

I found a stretch of beach nestling below rough, craggy cliffs. It was covered with tightly packed pebbles of various sizes, rounded and smoothed by years of relentless wave action. I stumbled about, picking up pieces of coloured glass; jade green, azure blue, beer brown and frosted white. They glinted like jewels in the afternoon sun. With languid sighs, waves unfolded and lapped at the pebble dashed shoreline with the retreating sound of a thousand hands clapping. A trawler lay at anchor in the distance: gulls danced and swooped around its stern. Puffs of cloud caught their own reflection off the gentle swell. A grand day!

Last week Jesus taught in the synagogue (the gathering place of our thoughts). His teaching helps us to grow (taught with authority); it has the effect of purifying our unclean or error thoughts, dispelling them. But, these thoughts have a secondary or reflected action. Projected onto the screen of our world we receive their reflection back in myriad ways... sickness, despondency, lack, fear, terror and so on. This week, Jesus leaves the synagogue, our mentality, to deal with the effects of these reflections which lodge in us. Spiritually, this reflected action is Simon's mother in law. Simon means to hear, mother in law represents soul in service of the world, not spirit, i.e. hearing and responding according to the world and not spirit. The effect of these reflected thoughts cause dysfunctions of the mind (fever) and incapacitate us. Jesus takes her by the hand. The hand is what creates: it is a symbol of creative consciousness. Dysfunctional projections return negative forms and phantoms. Joining His hand to hers He lifts her out of the effects of these and transfers His own consciousness; restoring in her the creative consciousness of the Presence and Power of God. Now, the mind, healed of illusions, can serve Him and, by extension, the world.

Jesus rises and prays before dawn which occurs in the east... a symbol of spirit. He prays in Spirit. Here He discerns between worldly and spiritual thinking, i.e. Simon telling him the crowds are waiting as opposed to going to the other villages. We serve the world not by servicing our own thoughts (the crowds are waiting) but by going out to others (nearby villages) and awakening Christ within their own mentality (preaching in their synagogues). This is our spiritual purpose on earth.



PASTORAL TEAM

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OUR CHURCHES
St Osmund
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St Gregory & the English Martyrs
St Gregory's Ave SP2 7JP

Chapel of the Good Shepherd
Barford Lane, Downton SP5 3QA

NEW TO THE PARISH?
We wish you a very warm welcome.
Please register online at:
<https://salisburycatholics.org>
click "Registration/update"

MASS FOR THE SICK OF OUR PARISH - SATURDAY 10 FEBRUARY 10AM AT ST OSMUND

The next Mass for the sick will be close to the Feast of Our Lady of Lourdes. It will take place on Saturday 10 February at 10am in St. Osmund's Church. Following Mass will be Adoration and the opportunity for Confession and/or the Anointing of the Sick. The priests will be available for Confession and Anointing until 11am or until the last person present has received the sacraments. Please invite anyone you know who may be in need of these sacraments.

World Day of Sick 11 February 'It is not good that man should be alone, Healing the Sick by Healing Relationships', is the theme of Pope Francis' message for the 2024 commemoration of the World Day of the Sick, this Sunday 11 February. For more and the full message from Pope Francis click on the image in the 'Top News' box or [click here](#).

The Pope Video for February - Pope Francis requests prayers for and a commitment to the terminally ill and their families. To watch click on 'The Pope Video' image in the 'Top News' box or [click here](#).

Society of Our Lady of Lourdes (SOLL) have announced that their annual pilgrimage of the sick to Lourdes will be from 24 to 31 May 2024. For more information and how to join visit our website blog or [click here](#).

Journey in Faith: This is a programme for adults who are interested in Christianity but who are not confirmed Catholics. The next meeting is this Sunday 4 February at 4.30pm in the Parish Rooms, next to St Osmund's on Exeter Street. For more on this programme please visit 'Exploring Your Faith' on our main menu or [click here](#).

Rite of Election on Saturday 17 February 11am Clifton Cathedral. On the first Saturday of Lent, as at the start of every Lent, our diocesan family gather around our bishop in Clifton Cathedral to celebrate the Rite of Election. This is when those who are journeying towards becoming part of our Catholic community are presented to Bishop Declan. This year, we are delighted to be 'sending' Andre Pereira to Clifton Cathedral from our parish. Please keep Andre in your prayers as he begins this important stage in his faith journey.

Life in The Spirit! The next talk and testimony will be held this evening (Friday 2 February) after the 7pm Mass at St Osmund. Each session is recorded and can be viewed by clicking on the 'The Holy Spirit' button on our homepage or [click here](#).

Chrism Mass in Clifton Cathedral on Wednesday 27 March. We are hoping to book a coach to travel to the Chrism Mass which will be picking up in Salisbury and Amesbury. If you would like to join our priests and deacons on the coach, please complete the sign up sheet in the porch of each church or contact the office office@salisburycatholics.org

My Generation will be meeting next Wednesday 7 February 2024 for Hoy Bingo at 2pm in the Lounge of Roman Road Methodist Church due to the current work being carried out in St Gregory's Church Hall. For further information please contact Chris on 01722 321109.

Parish Rosary Group meets to pray the Rosary together via Zoom on each Wednesday at 2.30pm. Please contact Josephine on 01722 328410 for information. Everyone is welcome to join.

Extraordinary Ministers of Holy Communion. For all active Eucharistic Ministers who have not been recently re-commissioned, there is a further opportunity this Saturday 3 February at 3.30pm in St Gregory's Church.

Date for your diary - Ecumenical service at St Osmund's on Friday 1 March at 2pm for the **World Day of Prayer**. The focus this year will be on Palestine.

LENTEN RETREAT: FROM THE DESERT TO THE MOUNTAIN 22-25TH FEBRUARY 2024

Following the highly successful Parish Retreat last year, we will be returning to the Franciscan Centre near Godalming for a retreat to kick-start your Lenten experience so that we enter the Easter season with a renewed sense of faith and personal mission. There are still places available. The cost per person is about £250-£300. If you are interested, please contact the Parish Office as soon as possible.

There will be a further Retiring Collection on 17/18th Feb after all our Masses which will enable you to support this. (Gift Aid envelopes will be available). All money collected will go towards helping those who cannot afford a place on the retreat to attend.

LENT

Lenten Penitential Service Wednesday 20 March at 7pm - Christ the King, Amesbury

Bishop Declan is to celebrate Liturgies of Reconciliation during the Season of Lent at five venues across the diocese. One of the chosen venues this year is Christ the King, Amesbury and, being in our deanery, all of our priests will be in attendance. The details of the other venues can be found on our website blog or [click here](#). Due to the proximity of dates - our previously planned Penitential Service at St Osmund on 21 March will be moved to an alternative date.

Ash Wednesday 14 February - Mass and distribution of ashes

Mass times: 10:00 St Osmund, 12:00 St Osmund. and 19:00 St Gregory. **Please note: there will be no Ordinariate Mass on this Wednesday as Fr Jonathan will be celebrating Mass in Tisbury.**

Downton Ash Wednesday: The Downton Churches Together (Ecumenical) Service with imposition of ashes will be at 7pm in the Chapel of the Good Shepherd. All welcome.

The Significance of Ash Wednesday by Father Mike Schmitz. Click on the image in the 'Top News' box to listen to Fr Mike or [click here](#).

CAFOD Lent Fast Day Friday 23 February This year we hear about the support CAFOD gives to the fishermen in Liberia (East Africa). Five fishermen a month were dying at sea because they couldn't afford the life jackets, compasses and other equipment they needed to stay safe at sea and get a good catch. For more and the opportunity to raise funds click on the image in the 'Top News' box or [click here](#).

Baptism. Our next preparation sessions will take place at St Osmund's on Sunday 18 & 25 February and 3 March commencing at the 9am Mass and followed by a short session in the Presbytery. If you plan to attend, contact the Parish Office. To register for a Baptism click the Registration button on our homepage or [click here](#).

First Holy Communion 2024 The next session: 'Liturgy of the Word' is tomorrow Saturday 3 February at 2pm in St Gregory's Church. All the parents who attended the last session received the second parent's book and we will have copies for those who were absent. Hopefully everyone should have read the first three chapters in the children's book as we will be talking about the scripture readings on Saturday. Further information and the programme schedule is on our website: [click here](#).

Confirmation 2024 The retreat last weekend at Buckfast Abbey (Dartmoor) was a tremendous success, many thanks to the team of adults who gave up their weekends to cook, clean, catechise, and be such a supportive and happy presence. This was followed quite quickly with the first session of the programme last Tuesday evening. The next session is on Shrove Tuesday 13 February at 7pm in St Osmund's Parish Rooms.

LITURGY THIS WEEK

Year B-2 Ordinary Time Week 5 and Psalter 1

Saturday 3 February

10:00 St Osmund MASS Doris Phelan RIP

First Mass of Sunday

18:00 St Gregory MASS Mike Lennard in sickness

SUNDAY 4 February

09:00 St Gregory MASS For all Holy Souls

09:00 St Osmund MASS Poehina Malet & Family RIP

11:00 St Osmund MASS Nicholas & Doris Phelan RIP

12:30 St Osmund Ordinariate MASS

18:00 St Osmund MASS People of the Parish

Monday 5 February **Saint Agatha**

10:00 St Osmund MASS Personal Intention

Tuesday 6 February **Saints Paul Miki and Companions**

10:00 St Osmund MASS David Eugene Clarke RIP

All Day Exposition of the Blessed Sacrament

18:00 St Osmund Benediction

Wednesday 7 February

10:00 St Gregory MASS Mary Muricken RIP

No Ordinariate Mass this Wednesday or next on the 14 February

Thursday 8 February

10:00 St Osmund MASS Josephine Kohlhofer RIP

All Day Exposition of the Blessed Sacrament

18:00 St Osmund Benediction

18:30 Downton MASS

Friday 9 February

10:00 St Gregory MASS Bridie & Harry Clapham RIP

19:00 St Osmund MASS Mary Buck RIP

Saturday 10 February **Saint Scholastica**

10:00 St Osmund MASS Marie McFlynn RIP

First Mass of Sunday

18:00 St Gregory MASS Brenda Quinn RIP

PRAYER & SCRIPTURE

Pope Francis Intention for February.

For the terminally ill.

We pray that those with a terminal illness, and their families, receive the necessary physical and spiritual care and accompaniment. [Click here.](#)

CLIFTON DIOCESE - We pray for the parishes of Holy Family (Swindon) and St Joseph (Wroughton).

PLEASE REMEMBER IN YOUR PRAYERS

Natalie Morabito, Joan Cave, Marianne Clare and Sheila Crooks who died recently, and all those whose anniversaries of death occur at this time. May they rest in peace and rise in glory.

We also pray for all those in our parish currently facing ill-health that they will be granted comfort, healing and strength.

SUNDAY SCRIPTURE

Job 7:1-4, 6-7

Ps 146

Praise the Lord who heals the broken-hearted.

1 Corinthians 9:16-19, 22-23

Alleluia, alleluia!

**I am the light of the world, says the Lord,
anyone who follows me will have the light of life.**

Alleluia!

Mark 1:29-39

SACRAMENTS

BAPTISMS For baptisms please register your application [click here](#). For more information contact Deacon John Proctor or Deacon Stephen Godwin.

FIRST HOLY COMMUNION If you have a child who will be in Year 3 or above from Sept 2024, please use our online form to join our 2025 programme. [Click here.](#)

CONFIRMATION If you have a child who will be in Year 9 or above from Sept 2024, please use our online form to apply to join our next preparation programme. [Click here](#)

MARRIAGES Please speak to the priest for guidance.

FUNERALS Do your family know your wishes with regards to your funeral? Registered parishioners can provide these details which are scanned and stored confidentially with your parishioner record and can be given to families at the appropriate time. Contact Caroline for more details:

caroline.williams@cliftondiocese.com

RECONCILIATION

St Gregory: Fridays after the 10:00 Mass & Saturdays 17:30 until Mass

St Osmund: Saturdays after the 10:00 Mass (extended hours on the first Saturday in the month have been paused for the time being)

and by prior appointment with our priests.