



UNDERSTANDING THE EARLY STAGES OF SCHOOL AVOIDANCE



Free online course for parents and carers who are on the start of a school avoidance journey.

Family and Community Learning have developed a short, online course to support parents and carers.

This course covers:

- **Considering the reasons children avoid school.**
- **What is emotional based school avoidance.**
- **Sharing strategies to support with anxiety and worry using Five to Thrive and a trauma-informed approach.**
- **What are some of the reasonable adjustments school can use to support good attendance.**
- **Who to go to for further support.**

Two hour, online
course

Taught by a friendly
tutor, plus Q & A with a
member of the
Educational
Psychology team

Free for eligible
learners



Course dates

Tuesday 23 January 2024 10am-12pm

For parents / carers of primary-aged children.

Thursday 8 February 2024 10am-12pm

For parents / carers of secondary-aged children.



Who can join?

Courses are no cost for adults aged 19+ years, who live in Wiltshire and have been resident in the UK/EU for 3+years (or meet certain immigration status) and if they can tick any one of these criteria:

- are a family with a child with additional needs (no diagnosis needed)
- are a military family
- in receipt of benefits
- are unemployed and seeking employment
- have less than 5 GCSEs A-C / Level 2 qualification

What other courses may be helpful?

Helping My Child with Anxiety and Worry Friday 12 January 2024 10am-12pm online.

Supporting Myself to Support My Child Thursdays from 11 January 2024 10am-12pm online for three sessions.

Supporting My Teen with Wellbeing Tuesday 20 February 2024 10am-12pm online.

Supporting My Teen with Transitions to Adulthood Tuesdays from 27 February 2024 10am-12pm online for five sessions.

Enrolment closes one week before the course start date.

For more information, or to refer a parent or carer onto one of our courses, please contact: familyandcommunitylearning@wiltshire.gov.uk or call **01225 770478**