

House Favourites

Rooted the veg one

Full vegetarian or flexi, this option is great if you're giving meat a break.

SIDES

DESSERT

DAY	House Favourites	Rooted	SIDES	DESSERT
MONDAY	Fusilli Bolognese with Garlic Bread 1	Mediterranean Vegetable Lasagne with Garlic Bread 1,7,9	Broccoli Florets Chef's Side Salad	Chocolate Pudding 1,3,9 and Chocolate Sauce 7
TUESDAY	Chicken Tikka Masala with Scented Rice 7	Creamy Pesto Pasta Bake 1,7	Stir Fried Greens Carrots and Coriander Salad	Apple Pie 1 and Custard 7
WEDNESDAY	Roast Turkey with Sage and Onion Stuffing and Gravy 1	Cheese and Onion Bake 1,7	Rustic Roast Potatoes Seasonal Vegetables	Peach Cobbler 1,7 and Custard 7
THURSDAY	Authentic Jerk Chicken with Rice and Peas	Spicy Soy Enchiladas 1,3, VG	Spicy Sweetcorn Red Cabbage Slaw	Lemon Meringue Pie 1,7,9
FRIDAY	Battered Fish with Chunky Tartare Sauce 1,8,9	Bhajis Burger in a Bun with Nourishaise (optional) 1,5,9, VG	Chips Garden Peas	Ginger and Carrot Cake 1,9

FRESH FRUIT & YOGHURTS



Delicious informal choices. Inspired by popular street food faves.



MONDAY

Chicken Souvlaki 1

TUESDAY

Piri Piri Chicken Burrito 1

WEDNESDAY

Chilli Tortilla
Chips Pot 1

THURSDAY

BBQ Pulled Chicken
Loaded Wedges

FRIDAY

Falafel and Mango
Chutney Wrap 1



MONDAY

Macaroni Cheese 1,7

TUESDAY

Herby Tomato Fusilli 1

WEDNESDAY

Pea and Pesto 1,7

THURSDAY

Cheesy Fusilli 1,7

FRIDAY

Cheese and
Tomato Pasta 1,7



JACKET POTATO
BAKED BEANS, CHEESE OR TUNA



LIVING ★ YOUR ★ TASTIEST ★ LIFE

Allergen Key: 1 Wheat Gluten 2 Crustaceans 3 Soy bean 4 Mustard 5 Sesame 6 Sulphites/Sulphur Dioxide 7 Milk 8 Fish 9 Egg 10 Peanuts 11 Molluscs 12 Celeriac/Celery 13 Nuts 14 Lupins 15 Oat Gluten 16 Barley Gluten V Vegetarian VG Vegan

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MONDAY	Sticky Chinese Chicken and Noodles 1,3,16	Crispy Vegetable Katsu and Rice 1	Carrots Chef's Side Salad	Syrup Sponge 1,9 and Vanilla Sauce 7
TUESDAY	Chilli Con Carne with Rice	Mac and Cheese 1,7	Broccoli Florets	Banana Loaf 1,9 and Chocolate Sauce 7
WEDNESDAY	Roast Chicken with Sage and Onion Stuffing and Pan Gravy 1	Vegan Sausage Roll 1	Rustic Roast Potatoes Seasonal Vegetables	Apple and Berry Crumble 1 and Custard 7
THURSDAY	Butter Chicken Curry and Rice 7	Vegetable Bolognese Spaghetti 1	Spicy Sweetcorn Crunchy Onion Salad	Bread and Butter Pudding 1,3,5,7,9
FRIDAY	Battered Fish with Chunky Tartare Sauce 1,8,9	Five Bean Spiced Burrito 1	Chips Garden Peas	Warm Banoffee Flapjack with Butterscotch Sauce 1,7

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Philly Style Cheese Dog 1,5,6,7	Salt and Pepper Chicken with Rice and Sweet Chilli 1,9	Pad Thai Noodles 1,3,16	Breakfast Wrap 1,7,9	Sweet Potato Wedges with Feta and Nourishaise 7,9



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Pesto and Cheese Pasta 1,7	Mediterranean Vegetable Penne 1	Cheese Pasta Bake 1,7	Herby Tomato Pasta 1	Arrabiata Pasta 1



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MONDAY	Sausage and Mash 1,6	Vegetable Sausage and Mash 1	Baked Beans Broccoli Florets	Mixed Berry Crumble 1 and Custard 7
TUESDAY	Minced Beef and Onion Pie and New Potatoes 1	Asian Noodles 1,3,16	Stir Fried Green Beans Sliced Carrots	Beetroot and Cinnamon Cake 1,9
WEDNESDAY	Piri Piri Roast Chicken Thighs	Roasted Vegetable Yorkshire Wrap 1,7,9	Rustic Roast Potatoes or Spicy Rice Seasonal Vegetables	Apple Strudel 1
THURSDAY	Buttermilk Chicken Burger with Nourishaise 1,5,7,9	Cajun Mushroom Burger 1,5,9	Seasoned Wedges Red Onion and Savoy Cabbage Slaw	Sultana Sponge 1,3,9 Custard 7
FRIDAY	Battered Fish with Chunky Tartare Sauce 1,8,9	Frittata 7,9	Chips Garden Peas	Fruity Trifle 1,7,9

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Chicken Banh Mi Baguette 1,5	Korean Bulgogi Chicken and Rice 1,3,5,16	Turkish Lamb and Beef Kebab and Flatbread 1,5,9	Dirty Fries 7	Singapore Noodles 1,3,16

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Arrabiata Penne 1	Macaroni Cheese 1,7	Pesto and Pea Penne 1,7	Cheesy Fusilli 1,7	Cheese and Tomato Pasta 1,7

Spuddies

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