

House Favourites



Full vegetarian or flexi, this option is great if you're giving meat a break.

SIDES

DESSERT

DAY	House Favourites	Rooted	SIDES	DESSERT
MONDAY	Fusilli Bolognese with Garlic Bread 1	Mediterranean Vegetable Lasagne with Garlic Bread 1,7,9,V	Broccoli Florets Chef's Side Salad	Chocolate Pudding 1,3,9 and Chocolate Sauce 7
TUESDAY	Chicken Dhansak with Basmati Rice	Chick Pea Biryani VG	Spiced Cauliflower Carrot and Coriander Salad	Apple Pie 1,VG and Custard 7
WEDNESDAY	Roast Gammon, Gravy and Pineapple Salsa	Cheese and Onion Bake 1,7,V	Rustic Roast Potatoes Seasonal Vegetables	Peachy Crumble 1,VG and Custard 7
THURSDAY	Buttermilk Chicken Burger with Nourishaise 1,5,7,9	Chick Pea Vegetable Burger in a Bun 1,5,VG	Baked Wedges Red Onion and Savoy Cabbage Slaw	Salted Caramel Cake 1,7,9
FRIDAY	Battered Fish with Chunky Tartare Sauce 1,8,9	Five Bean Spiced Burrito 1,VG	Chips Garden Peas	Vegan Carrot Cake 1,VG

FRESH FRUIT & YOGHURTS



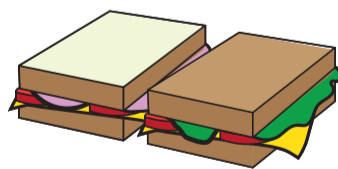
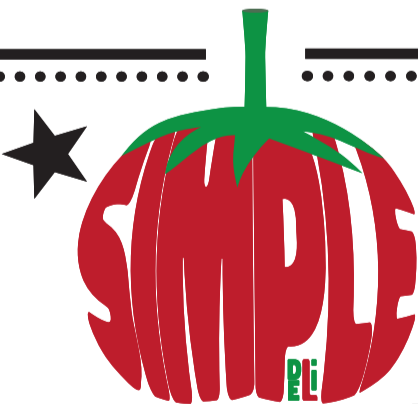
Delicious informal choices. Inspired by popular street food faves.



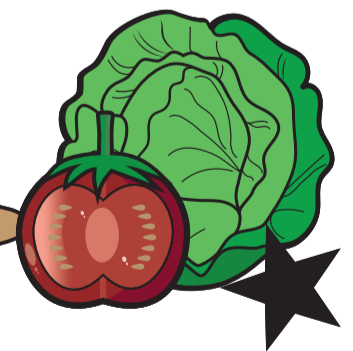
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Chicken Souvlaki 1,7	Piri Piri Chicken Burrito 1	Chilli Tortilla Chips Pot	Dirty Fries 7	Falafel Wrap with Tzatziki 1,7,V



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Herby Tomato Fusilli 1,VG	Mac and Cheese 1,7,V	Arrabiata Pasta 1,VG	Cheesy Fusilli 1,7,V	Pesto and Pea Pasta 1,7,V



DELI BAR



FRESHLY MADE BAGUETTES, SANDWICHES AND SALAD POTS

LIVING ★ YOUR ★ TASTIEST ★ LIFE

Allergen Key: 1 Wheat Gluten 2 Crustaceans 3 Soy bean 4 Mustard 5 Sesame 6 Sulphites/Sulphur Dioxide 7 Milk 8 Fish 9 Egg 10 Peanuts 11 Molluscs 12 Celeriac/Celery 13 Nuts 14 Lupins 15 Oat Gluten 16 Barley Gluten V Vegetarian VG Vegan

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MONDAY	Sweet and Sour Pork Noodles 1	Crispy Vegetable Katsu and Rice 1,vg	Stir Fried Green Beans Chef's Side Salad	Apple Crumble 1,vg and Custard 7
TUESDAY	Chilli Con Carne with Rice	Mac and Cheese 1,7,v	Broccoli Sweetcorn	Jam and Coconut Cake 1,9
WEDNESDAY	Roast Chicken with Sage and Onion Stuffing and Pan Gravy 1	Vegan Sausage Roll 1,vg	Rustic Roast Potatoes Seasonal Vegetables	Goosey Jaffa Pudding 1,7,9
THURSDAY	Butter Chicken Curry and Rice 7	Spicy Soy Enchiladas 1,3,vg	Crunchy Onion Salad Baton Carrots	Treacle Tart 1,vg and Custard 7
FRIDAY	Battered Fish with Chunky Tartare Sauce 1,8,9	Bhajis Burger in a Bun with Nourishaise 1,5,9,v	Chips Garden Peas	Warm Banoffee Flapjack 1,vg with Butterscotch Sauce 7

FRESH FRUIT & YOGHURTS



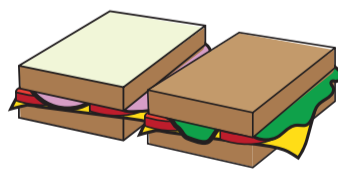
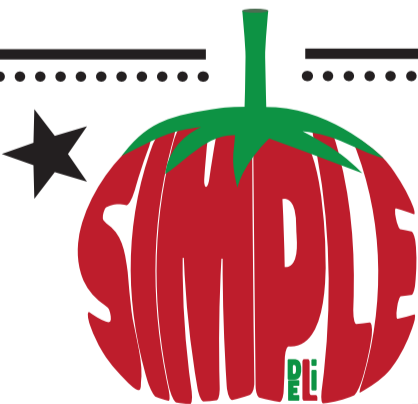
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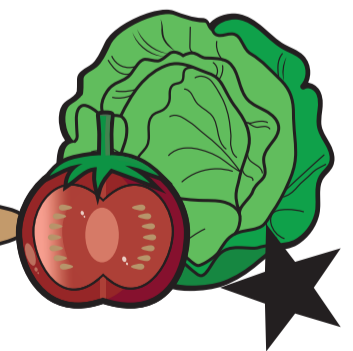
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Philly Style Cheese Dog 1,5,6,7	Salt and Pepper Chicken with Rice and Sweet Chilli 1,9	Soy and Ginger Chow Mein 1,3,16,vg	Breakfast Wrap 1,7,9	Loaded Sweet Potato Wedges with Nourishaise 7,9,v



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Pesto and Cheese Pasta 1,7,v	Mediterranean Vegetable Penne 1,vg	Cheese Pasta Bake 1,7,v	Mushroom Carbonara Fusilli 1,7,v	Arrabiata Pasta 1,vg



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	House Favourites	Rooted <small>the veg one</small>	SIDES	DESSERT
MONDAY	Sausage and Mash with Red Onion Gravy 1,6	Vegetable Sausage and Mash with Red Onion Gravy 1,12,VG	Green Cabbage Garden Peas	Syrup Sponge 1,9 and Vanilla Sauce 7
TUESDAY	Caribbean Chicken with Rice and Peas	Vegetable Bolgnaise Spaghetti 1,VG	Chilli Sweetcorn Red Cabbage Slaw	Banana Loaf 1,9 and Chocolate Sauce 7
WEDNESDAY	Piri Piri Roast Chicken Thighs	Roasted Vegetable Yorkshire Wrap 1,7,9,V	Rustic Roast Potatoes or Jollof Rice Seasonal Vegetables	Toffee Apple Pudding 1,9 and Custard 7
THURSDAY	Minced Beef and Onion Pie with New Potatoes 1	Cauliflower Cheese with New Potatoes 1,7,V	Green Beans Carrots	Sultana Sponge 1,9 and Custard 7
FRIDAY	Battered Fish with Chunky Tartare Sauce 1,8,9	Cheese and Tomato Quiche 1,7,9,V	Chips Garden Peas	Vegan Sticky Ginger Cake 1,VG

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MONDAY

Korean Bulgogi Chicken and Rice

TUESDAY

Southern Pulled Pork Loaded Wedges

WEDNESDAY

Singapore Noodles 1,3,16,VG

THURSDAY

Chicken Ban Mih Baguette 1,5

FRIDAY

Garlic Bread Bombay Sandwich 1,5,7,V





MONDAY

Tuna and Sweetcorn Pasta 1,7,8

TUESDAY

Cheesy Fusilli 1,7,V

WEDNESDAY

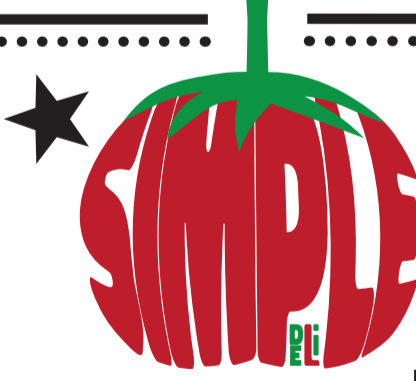
Pea and Pesto Pasta 1,7,V

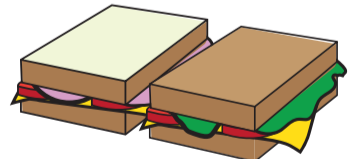
THURSDAY

Arrabiata Pasta 1,VG

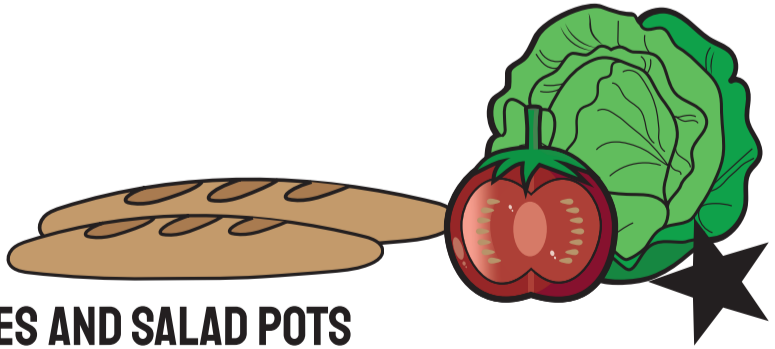
FRIDAY

Roasted Pepper and Tomato Penne 1,VG





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