



FAMILY AND COMMUNITY LEARNING: SCHOOL ANXIETY COURSES PATHWAYS

What are the signs that your child is struggling with school attendance?

We offer a number of courses that may be helpful.

Please take a look at these pathways to see which course/s might be best for your family.

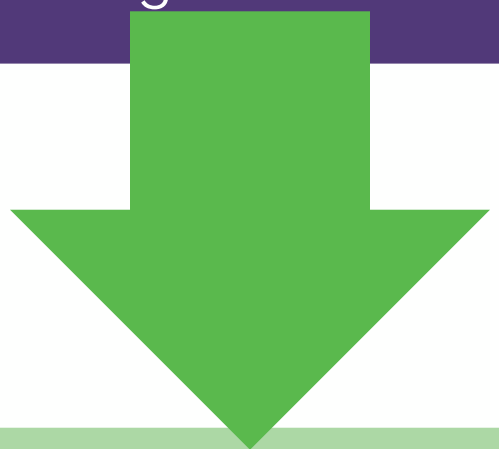
Contact our friendly team for more information on:
01225 770478

familyandcommunitylearning@wiltshire.gov.uk
workwiltshire.co.uk/family-and-community-learning



- Child expresses worries and/or a dislike about school.
- Trouble getting child into school, but mostly manage to do so even if a little late.
- Child complains of physical symptoms when not wanting to go to school.
- Child speaks negatively about school.
- Child is receiving ELSA/pastoral support from school.

- Child has attendance lower than 94% (unless due to diagnosed physical illness).
- Child regularly has days off school when not physically unwell.
- Child has had CAMHS involvement relevant to school avoidance.
- Child is on a flexible/part-time school timetable already.
- Child is avoiding school for reasons other than emotional wellbeing or anxiety.



Suggested courses:

- **Understanding School Anxiety:** the early signs of Emotionally Based School Avoidance
- **Helping My Child with Anxiety and Worry**
- **Supporting My Teen with Wellbeing**

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Other support:

Individual support from CAMHS, MNERS, EWO, hcrg, Family Hubs and school.